BENGALURU, FRIDAY, SEPTEMBER 23, 2022 www.Bangaloremirror.com 12 Pages PRICE ₹3

Bangalore Mirror

TEMP Max 29 | Min 20 | Humidity 76% Generally cloudy sky with Light rain Sensex 51,119 | Nifty 17,629 | Gold 50,240 | Silver 63,000 | Dollar 80.86 | Euro 79.40 | GBP 91.30

Fear of tree cover loss, flooding due to limited water percolation abound post white-topping proposal of Gandhi Bazaar Main Road

WHITE ELEPHANT CROSSING AHEAD

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TWEETS @BangaloreMIRROR

Residents of Gandhi Bazaar raised objections to the BBMP's decision to white-top the Gandhi Bazaar Main Road.

The residents alongside environmental experts, while highlighting the heritage of one of the oldest places in the city of Bengaluru, called the proposed white-topping unnecessary work.

There are plans to develop centralised parking and part-pedestrianisation of the road as well. This would no doubt jeopardise the livelihoods of street vendors in the neighbourhood.

Residents also expressed fear of the slow death of tree cover and possibility of flooding in the area owing to limited water percolation during rainfall.

A resident of the area, Mukunda Namagondlu, told BM: "The tree cover in the area will be destroyed within five to six years after white-topping. Today, we have water available at a depth of hardly five feet which can be attributed to the tree cover. After white-topping, there will be very limited percolation of

CONTINUED ON PAGE 7 »

"Today, we have water available at a depth of five feet which can be attributed to the tree cover

— Mukunda Namagondlu, resident

CITY / PAGE 5

Winter is coming

BBMP allocates ₹2 cr to provide sweaters for schoolchildren

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Enjoy Quality Comfort by creating and customising your very own seating landscape with Slumbermate's modular sofa system. Its unique design offers you the flexibility to choose your colors, layout, and comfort level making it a true statement of your lifestyle. Slumbermate's promise of Ultimate Quality Comfort is only made possible through Stanley's state-of-the-art manufacturing facility and high-quality materials sourced from the world's best producers.
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YESHWANTHPUR +91 91487 18080
YELAHANKA +91 91482 20870
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BANASHANKARI +91 96639 11477

3 THINGS TO DO

01 The Mahabharat Project

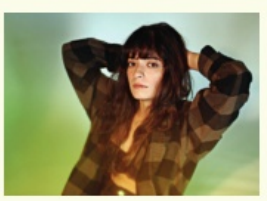
'The Mahabharata Project' is a theatre production staged by Bangalore based theatre group: The Actors Collective. Inspired by the fundamentals of Positive Psychology, the production is an imagined depiction of the thought processes that key characters may have experienced while making or after making important decisions. The primary aim is to bring to the fore the increasing relevance and relatability of the Mahabharata in today's world as we examine our own decisions, voices, priorities and choices.
Where: Bangalore Creative Circus, Yeswanthpur Industrial Suburb; When: 23 – 25 Sep, 6 – 8 PM
Info: WhatsApp 9845075825

02 Foxy Fridays

Foxtrot Marathahalli presents 'The Foxy Friday' with 'The Purpose'. The band started its journey in 2018. It is an acoustical fusion Bollywood, Sufi band based out of Bangalore, which performs their own rendition and mashups of the songs. Genres include Hindi Retro, Bollywood, Sufi Rock and Fusion. Line up consist Adityaveer Singh on guitars & vocals as a frontman, on drums & percussion: Girish Gowardhan, on keyboard: Sanjay RS & on bass guitar: Akash. They started their journey from the city, playing at corporate & private events. **Where: Foxtrot, Marathahalli, Outer Ring Road; When: Sep 23, 8 pm onwards**
Entry: Free, 9108136001/2

03 Come, sing along

The Easy Wanderlings are promoting their brand-new EP Caught in a Parade with their all-new song Mayflower featuring the one and only Nikhil D'Souza. They will be playing at a very special musical night at Fandom Bengaluru and this is your chance to sing along with your gang!



Where: Fandom at Gilly's Redefined
When: Sep 23, 8pm onwards; Tickets: insider.in

Give us autonomy to fix our timings, say schools

... following State Education Department's order that schools must start between 8 am – 8:30 am; associations say it will disrupt every stakeholder's schedule

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TWEETS @BangaloreMIRROR

Schools complain that starting earlier will make it inconvenient for students, teachers who live very far and school bus drivers will not get enough time to clean buses and pick up the kids

The State Education Department's latest diktat to schools stating that they need to start between 8 am and 8.30 am has not gone down well with school authorities. The order issued recently stated that if schools fail to follow the order, then they will be liable for action. However, this move has been criticised by private school associations which have said that the schools should be given a free hand to fix the timings.

According to an order issued by the Commissioner of Public Instruction, the schools should function for a minimum of 5.30 hours a day including half a day on Saturday. The order states that many schools have been violating the order and not beginning at the stipulated time.

Criticising the move, D Shashi Kumar, general secretary at the Associated Managements of Primary and Secondary Schools in Karnataka told Mirror, "Why should the government tell us what time we should start the school? We will start the school based on our logistics. If we have to start school early, then the teacher has to leave earlier."

He added that not many teachers are willing to come early. There are school bus/van drivers who report to school at 6.30 am as they need to clean the bus before it is driven from school campus to students' pick-up points and bring them back to school. Any revision in timings will make it difficult for them to hire staff, he said.

The schools have also shot off a letter to the School Education Minister BC Nagesh. The letter said, "The government feels that starting schools early will help beat traffic. However, we have seen that hundreds of buses and trucks enter the city in the early morning and we can see chaotic traffic till the cops take up duty. So, revision of school timings will affect the kids travelling to school.

"Secondly, there are many school students and teachers who travel more than 15 to 20 kilometre from home to school. Any change in timings will affect those travelling long distances. So, before taking any decision, we need to keep the long-distance intra-city travellers in mind. The schools have already finished half a year of academics this academic year. A majority of the schools have got used to 8.45 am - 9 am school timings."

In May 2007, the Education Department took a major decision that schools in the city have to function from 8.30 am. A study was conducted on school timings in eight blocks to map the distance travelled by students and the mode of transport. Then, the officials decided to fix 8.30 am as the starting time for the schools.

When academic pressure took a toll on kids

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TWEETS @BangaloreMIRROR

Examinations and academic pressure are the major reasons behind increased anxiety and mood swings in school children, affecting more female students than male, a recent NCERT survey has found.

A total of 3,79,013 students participated in the survey between January to March 2022 from 28 states and 8 union territories. As per the findings, frequent mood swings along with feeling anxious about studies, examinations and results were reported.

The report showed that girl students are more prone to these negative emotions as compared to the boys. "Although happiness was the most commonly experienced emotion, boys responded experiencing marginally higher than girls. This was followed by anxiousness, with higher responses by girls than boys. Higher percentage of girls reported feeling anxious about their studies, examination and results and also reported mood swings, feeling tired, tearful and lonely," the report said.

Experts say that many factors, biological and emotional, make girls a more usual target for anxiety and mood swings.

"It can be hormonal which is very common especially in school girls. But early childhood experiences and upbringing really play an important role when it comes to anxiety issues. Even though the situation is improving now, there is still always some differences in the way girls

and boys are raised; like girls are often told to be more careful and responsible about things which might later turn into anxiety. Though this is not a generalised phenomenon, it can be seen very often," said Divya Aswini, a consulting psychiatrist.

The survey also showed that the feeling of anxiety is more common among secondary school students. "As students moved from middle to secondary stage, a visible decline was observed in them feeling confident about their physical appearance, satisfaction with personal and school life, availability of people to share their feelings and experiencing of happiness," the report said.

As per the survey, yoga and meditation, changing the way they think and writing journals were some of the coping strategies adopted. Specifically, girls' responses demonstrate changing the way they thought as the most employed strategy. However, boys reported a high preference for yoga and meditation.

Moreover, though the number of students surveyed from the third gender was much smaller, it showed that most of them are not confident of their physical appearance, and find it difficult to trust others.

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NEW LAUNCH OF
PREMIUM MEDICAL
LONG TERM
BATCH STARTS FROM
18th SEP 2022

HOSTEL FACILITY AVAILABLE

ALL INDIA RANK **12th**

AP STATE RANK **1st**

OPEN CATEGORY

MATTA DURGA SAI KEERTHI TEJA
A NO : 220410601430 (Regular)

710 / 720

ALL INDIA TOP 3rd MARK

NEET - 2022
EXPECTED 250+ MBBS SEATS

2021 AIIMS JIPMER/AFMC seats 20

2020 AIIMS JIPMER seats 18

2019 AIIMS JIPMER seats 15

SINGLE CAMPUS SENSATION 2022
SASI VELIVENNU

NEET 2020-21 (MBBS) **227**
NEET 2019-20 (MBBS) **202**
NEET 2018-19 (MBBS) **180**
NEET 2017-18 (MBS) **145**
NEET 2016-17 (MBBS) **133**
NEET 2015-16 (MBBS) **161**
NEET 2014-15 (MBBS) **134**

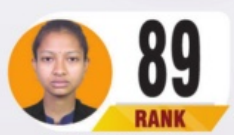
SASI OFFERS MARKS BASED MERIT SCHOLARSHIP FOR LONG TERM COACHING 2022-23

MARKS IN NEET- 2022	% OF CONCESSION	MARKS IN NEET- 2022	% OF CONCESSION
450 & Above	100%	390 - 399	40%
440 - 449	90%	380 - 389	30%
430 - 439	80%	370 - 379	20%
420 - 429	70%	360 - 369	15%
410 - 419	60%	350 - 359	10%
400 - 409	50%		

ACADEMIC GROWTH OF SASI STUDENTS IN LONG TERM 2021-22 BATCH

STUDENT NAME	NEET 2021 MARKS	NEET 2022 MARKS	DIFFERENCE IN MARKS
Kakara Harsha	203	565	362
kaushal	150	507	357
G Praveen	116	440	324
B V Ranganadh	321	644	323
CH Avinash	180	493	313
D M Imran	262	512	250
Hitesh	230	475	245
K N Kumar Reddy	329	540	211
R Y V Kanna Reddy	416	617	201
M H Venkatesh	345	546	201
Y Lalitha Devi	422	622	200

TOP PERFORMERS IN VARIOUS ALL INDIA CATEGORIES

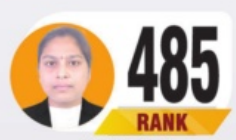

89 RANK
MULEM ANJALI PRIYA
A NO : 220410623118

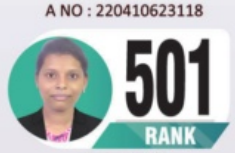
192 RANK
S BHANU TEJA REDDY
A NO : 220410524182

258 RANK
K KUNDAN
A NO : 220410880242

282 RANK
S ANAND VARDHAN
A NO : 220410600655

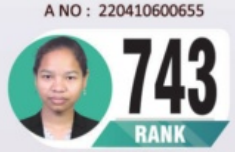
319 RANK
S NAVEEN KRISHNAN
A NO : 220410817517


485 RANK
M MONISRI
A NO : 220410723922


501 RANK
K NISSI JOY
A NO : 220411025771

572 RANK
N L S CH KARTHIK
A NO : 220410790916

725 RANK
J HARSHITHA
A NO : 220410855710


743 RANK
B TEJASWINI
A NO : 220410594837

842 RANK
K HARSHA VARDHAN
A NO : 220410620625

848 RANK
K HARSHA
A NO : 220410799356

AND MANY MORE BEST RANKS...

SASI MEDICAL & IIT ACADEMY - BENGALURU

Kalyan Nagar • Electronic City • Whitefield • Devanahalli • Sarjapur

Shops built on drains while parking lots sink

'Drain diversions' have become a nightmare for some locals in Kasavanahalli

Y Maheswara Reddy
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TWEETS @BangaloreMIRROR

City dwellers are suffering due to Bruhat Bengaluru Mahanagara Palike's (BBMP) failure to prevent construction of commercial shops on roadside drains. Some people flagged the issue more than four years ago, but the BBMP authorities did nothing to stop the same.

The recent heavy rain has caused waterlogging and flooding of homes in many areas in the city. Residents of Owners Court in Kasavanahalli suffered when their parking area was full of water, making it difficult for them to take their vehicles out.

"We are facing problems whenever it rains heavily. Waterlogging happens at the parking lot. We have already complained to the BBMP authorities, but they did nothing to clear the silt in the drain on which a few commercial shops are constructed," said Sai Ram, a resident of the area.

The Owners Court Housing Colony Members' Association flagged the issue on December 4, 2017 during the ward committee meeting. It was brought to the notice of the nodal officer that the building had been constructed illegally on the space earmarked for a 80-feet road according to the comprehensive development plan (CDP), but the authorities failed to stop the construction.

"We have complained to the authorities, but in vain. We expected the nodal officer to direct the BBMP engineer to stop the work. However, nothing has been done all these years. Now, the construction of the shops is complete and they are situated on the drain. I believe that the drain has been diverted to the other side to facilitate the construction work. Due to the diversion, rainwater is not flowing to the nearest secondary drain, causing waterlogging at our parking lot," said Hema Kumar, another resident.

Locals say that despite complaints to the BBMP, the latter did not remove silt that had been accumulated in the drains

> **"Due to the diversion, rainwater is not flowing to the nearest secondary drain, causing waterlogging at our parking lot"**
> –Hema kumar, resident

Vishnu, also a resident, was of the opinion that the BBMP authorities have to keep tertiary and secondary drains clean to ensure smooth flow of rainwater to the primary drains during monsoons.

Meanwhile, BBMP executive engineer (major roads) said that they are yet to acquire the land or property for widening the road.

"I will visit the spot to check whether the commercial shops are constructed on the drain. I got transferred here recently and was not aware of residents bringing this issue up during the ward committee meeting," he said.

Warning: Fish are jumping

While Chunchaghatta Lake is doing better than it was in July, fish are still seen gasping for air

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Fish in Chunchaghatta Lake were seen gasping for air. Experts said that the lake has a history of sewage inflow. Until July, the lake's water fell under the class 'E' category, which meant that the water could only be used for irrigation and industrial purposes.

According to a report by the Karnataka State Pollution Control Board (KSPCB), dissolved oxygen, which is the essence of all living beings underwater, had lowered in the month of July. While the ideal level for dissolved oxygen should be at least 4 mg/l, it was less than that. The biochemical oxygen demand, which should not be more than 3 mg/l, was found to be 50 mg/L. Additionally, the total coliform, which should not be more than 5,000, was found to be 2,40,00,000.

Shoals of fish in the Chunchaghatta Lake come up to the surface, gasping for air

Raghavendra B Pachhapur, working with ActionAid India, explained that the dissolved oxygen was less because of all the sewage entering the water through the stormwater drain. "The sewage entering can also contain chemicals. The biochemical oxygen demand increased because there is more organic pollution in the water. When it enters the water, it will get decomposed, for which the bacteria will need oxygen. Hence, the biochemical oxygen demand increases," he said.

The recent report by KSPCB mentions that the condition of the lake improved a little in August. The dissolved oxygen level increased to 4.9 mg/l, biochemical oxygen demand reduced to 4.0, and the total coliform reduced to 9,200. The lake now falls under the class 'D' category, which means that the water can be used for propagation of wildlife and fisheries.

However, the dissolved oxygen is still low, which is why fish are still being spotted gasping for air.

Pachhapur also mentioned that the Bruhat Bengaluru Mahanagara Palike (BBMP) authorities had removed all plantations on the island present in the middle of the lake in the name of cleaning the place. "Clearing all the vegetation from the island of Chunchaghatta was a blunder as it is an ecological setback. BBMP should immediately plant tree saplings in consultation with the Forest Department. They should also access water quality reports from KSPCB and use it to strengthen water quality monitoring", he said.

Hemanth S, a resident of the area, said that the lake has been receiving sewage for quite a long time now. "There should be some action taken to improve the condition of the lake. Fish are gasping for air, and if nothing is done soon, there will be another fish kill incident."

A BBMP official said that they would look into the matter.

whatsapp MIRROR 9591233247

Problems in your area?
Send us a picture along with specific details. And please, no phone calls or spamming

Waste of water
Mathikere

Drinking water has been going down the drain for almost 10 hours every alternate day at HMT Main Road, Mathikere, opposite Guru Darshan Sweets.

Fixing needed
Kengeri

A portion of this footpath in Kengeri Satellite Town, opposite Bethesda Church, has caved in because of a BWSSB pipe leakage.

Unsafe pavement
Royan Circle

This footpath in Royan Circle is broken. It is used by many school children, parents, and teachers, and needs to be fixed immediately

Sparks fly over 'PayCM' poster campaign in Assembly

The "PayCM" issue made noise in the Karnataka Legislative Assembly on Thursday, as BJP accused the Congress of deliberately and unnecessarily using the Chief Minister for their false campaign to reap political gains.

The Congress, in its defence, asked the government to take action if there is anything illegal in it.

Law and Parliamentary Affairs Minister J C Madhuswamy said investigation is on and police are taking action in connection with the posters.

Posters with Chief Minister Basavaraj Bommai's face on a QR code titled 'PayCM' were spotted in a few places in Bengaluru on Wednesday, which was removed by authorities later in the day.

According to reports, scanning the QR code took users to the '40 per cent Sarkar' website launched by the Congress recently.

Raising the issue during the zero hour, BJP MLA Rajeev said the 'PayCM' posters were found in different parts of Bengaluru on Wednesday and a political party was behind it.

Stating that such political developments in the State were leading to a feeling that Karnataka is witnessing political degradation, he said, "PayCM posters with Chief Ministers photo...what evidence (on irregularity or corruption) do they have, if they have any evidence let them file a complaint, instead they used Chief Minister's photo."

As Rajeev initially did not mention as to who was behind it, Speaker Vishweshwar Hegde Kageri asked as to who used it, to which several BJP legislators said "Congress".

Police remove some of the posters in Bengaluru

Intervening, Congress MLA Krishna Byre Gowda said, "Let Rajeev speak on the notice he has given, he has the right to do so, instead of that if he makes political speech, we will also have to speak".

Rajeev said after the posters emerged Congress spokesperson and MLA Priyank Kharge has given a statement claiming that his party has taken it up as a "campaign." The Chief Minister is a constitutional post, making QR code posters using CM's photo and pasting it across the city is a Congress-sponsored campaign for political gains," he alleged.

To this, Gowda again intervened and said, if there is anything illegal, take action, instead of making political speech here. "We are ready to face the law," he said.

Pointing at Prime Minister Modi calling the then Congress government in the State "10 per cent government", during the 2018 Assembly poll campaign without any proof, he said, "Are we here to praise your government and its deeds here...if any one had done anything wrong and against the law, take action. Against eight people, a case has been booked and they have been arrested, we have no objection."

Enraged by this, several BJP MLAs stood up expressing their angst at the Congress for the posters and indulging in a false campaign against the Chief Minister and the government without any evidence, leading to some heated exchange between treasury and opposition benches.

Some BJP MLAs said a probe has to be conducted and action should be taken against those involved.

At this point in time, Madhuswamy, stating that he won't go to the level of blaming Congress or anyone else for their role behind the posters at this State and would leave it to their conscience, said however, investigation is on, truth would be revealed. **-PTI**

No sweat, sweaters are coming soon

BBMP plans to distribute 2 sweaters per student at all its schools, colleges

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@timesgroup.com

TWEETS @BangaloreMIRROR

The Bruhat Bengaluru Mahanagara Palike(BBMP) education wing has decided to distribute sweaters to children studying in BBMP schools and colleges ahead of winter at the cost of Rs 2 crore. Due to allegations about irregularities with the procurement and distribution of sweaters, BBMP had not distributed sweaters last year. Experts said BBMP should distribute earlier owing to early winter conditions due to climate change.

Ahead of the oncoming winter, BBMP will distribute two sweaters per student in all the BBMP schools and colleges. The civic body issued a tender for the supply of sweaters on Friday.

The tender has been issued for the distribution of 46,000 sweaters from the age group of 3 to 21 years. Every student will be issued with a sleeveless and full-sleeve sweater this time.

"We have called the tender for the supply of sweaters. We will be distributing two sweaters per student totalling up to 64,000 sweaters. As soon as we finalise the tender, the distribution of sweaters will take place. The last date for the tender is September 30 and within 2-3 months, we will distribute the sweaters," said BBMP Assistant Commissioner (Education) Umesh DS.

Under BBMP, there are 93 nursery schools, 16 primary schools, 33 higher schools, 18 PU colleges, four degree colleges and two PG colleges. According to BBMP, the sweaters will be acquired at the cost of Rs 2 crore.

Around 46,000 sweaters will be distributed in all

Last year, the process was halted due to allegations from the Dalit Sangarsha Samiti about irregularities in spending of Rs 1.72 crore for sweater procurement and distribution during the covid period.

However, BBMP is yet to decide on the distribution of shoes and socks.

Child rights experts feel that BBMP should expedite the process as Bengaluru is witnessing cold-weather conditions already. "Due to climate change, Bengaluru is already experiencing cold-weather conditions. Children are experiencing summer, winter and rainy seasons these days. Along with sweaters, BBMP should also focus on providing socks as well," said Nagasimha G Rao of Child Rights Trust.

> **"Students are coming to schools wearing slippers. The cold floor causes pain in the feet. If at least socks are given, they can wear it with slippers**
>
> –Nagasimha Rao, Child Rights Trust

Experts note that students, especially disabled children suffer from leg pain due to contact with cold tiled floors. Rao added that this year, BBMP has not issued shoes as well. "Students are coming to schools wearing slippers. The cold floors are causing pain in the students' feet. If at least the students are given socks, they can wear socks with their slippers in classes," added Rao.

In addition, experts said BBMP must consult students on the colour of the sweaters.

"They should consult with students about their preference of colour as this will influence the frequency of usage. It will also boost the confidence levels of students. As per Article 27 of the Convention on the Rights of the Child (UNCRC), they must be given the best standards for the children possible," he added.

Man gives 'supari' to kill wife for filing dowry case

Man goes to jail in dowry case; plots revenge and seeks help of goon he met in prison to kill wife, but police thwart plan

Police have arrested a man and three others in connection with giving 'supari' or contract to a gang to kill his wife, who had lodged a dowry case against him, police said on Thursday.

The City Central Branch (CCB) police arrested Siddharth Hosamani, an insurance agent and ambulance helper Yogesh, driver Ranjith. The police have also booked rowdy-sheeter Bettappa, who is presently lodged in the jail.

According to police, accused Hosamani had married a widow 10 years ago. He had got insurance for their family, when her husband passed away he had helped to get the claims realised. The widow developed a bond with Hosamani and later they married and had a son.

However, Hosamani was already married with two children. He had given away a son born to second wife to his first wife's sister who didn't have children. The second wife had been demanding that her son should be given back to her. She also lodged a complaint of dowry and child kidnapping against her husband in the Malleshwaram police station. Hosamani was sent to jail in this case and later obtained bail. Enraged by this, he decided to finish off his second wife. He sought the help of accused Ranjith and Yogesh to kidnap and gave 'supari' to another gang to kill her.

He had told them that his second wife was a drug addict and she could be kidnapped from a club in the pretext of bringing her to a rehabilitation centre. From there, another gang would take her away and kill her. Siddharth made contacts in prison and used them. But, the police got to know about the suspicious movements of the ambulance and arrested the accused before they could kidnap the woman. The investigations have shown that rowdy-sheeter Bettappa, who always stayed in prison, used to take 'suparis' and get them executed. **-IANS**

Demolitions continue: BBMP's raze against time

The Bruhat Bengaluru Mahanagara Palike's (BBMP) demolition drive is going on in full swing. On Thursday, the civic body razed encroached settlements in the Munnekollal area near Marathahalli. The agency has been accused of ignoring big tech parks built on stormwater drains.

PIC: KAUSHIK JN

Slums wait for relief funds

Victims of recent flooding, who lost their livelihoods, say that BBMP is not being proactive

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c-garima.prasher@timesgroup.com
TWEETS @BangaloreMIRROR

KAUSHIK JN

Officials asking affected migrants for documents is reportedly delaying the process of getting funds

Hundreds of daily wage workers and slum dwellers living in tin and tarpaulin shed houses across various shanties in the city were left stranded after the recent incessant rainfall. Majority of them are still in the process of filing applications for the flood relief fund. Residents from these areas say no relief has reached them so far despite severe damages being suffered by them. "We kept waiting for the BBMP officials to survey our houses and complete the application process for the relief fund.

Days went by and nobody came to conduct the survey. It was only after we staged a protest outside the ward office that an official came to our colony yesterday late in the evening and conducted the survey," said Manjula R, a resident of Bakshi Garden slum in K R Market ward.

Residents of Kariyammana Agrahara, a migrant settlement located in the Bellandur area, are also waiting for a green signal from the officials to apply for the relief fund. "We have helped the residents with blankets, dry ration, and tarpaulin sheets for waterproof shelter. While we did reach out to the concerned BBMP officials for the flood relief fund, they have only been passing the buck.

We have not been able to even file applications," said a representative of a city-based NGO that works with migrant communities. According to the welfare workers who are lending helping hands to slum dwellers, the officials are insisting on local address documents.

"This is a colony of migrant workers. We tried to reason this out with the officials, but they have declined our request and have asked us to approach the joint commissioner of the revenue department.

We are currently in the process of gathering whatever documents we can collate and will reach out to the Joint Commissioner with an affidavit," said a social welfare worker from Kariyammana Agrahara.

While none of the residents of Kariyammana Agrahara have been able to apply for the relief fund, slum dwellers from other areas are nervously waiting for results.

> **"We are currently in the process of gathering whatever documents we can collate and will reach out to the Joint Commisioner with an affidavit** –Social worker

A representative of an organisation working with slum dwellers in K R Market ward said that they had filed 48 applications from Jolly Muhalla slum and 18 from Bakshi Garden slum. They spoke about struggling to get the survey done by the officials. They are now waiting to see how many applications will be approved for relief. "Many slum dwellers have lost their livelihoods and belongings, along with stocked grains. Most of these daily wagers depend on the locally grown staple grain that they get from their native villages.

All their grain stock was mixed with slush and sewage when their houses were flooded. The relief fund would have brought some respite," said the representative.

State exam authority submits new CET ranking proposal

The Karnataka Examination Authority (KEA) on Thursday submitted a new proposal regarding the Common Entrance Test (CET) ranking system to be adopted for II PU (Pre-University) students who passed in 2020-21. The High Court is hearing an appeal by the KEA challenging the September 3 judgment of a single-judge bench which had quashed a note by the Authority issued on July 30.

According to the quashed KEA note, only the CET marks of these students would be used for ranking them when it comes to admission to professional courses.

Rankings are done taking into consideration marks from II PU and CET equally in a 50:50 ratio. The KEA had done away with this formula for 2020-21 batch students who are reappearing for CET in the current year as their II PU marks in the previous year was given internally by colleges. The single-judge bench had asked the KEA to come up with a new formula and even suggested a 25:75 ratio for the 2020-21 students.

The KEA did not consider this suggestion and the bench quashed the note itself. – PTI

New centre, new approach to neuropsychiatric disorders

There has been an increased interest among researchers in exploring the healing potential in patients with neuropsychiatric disorders by seeking Traditional Complementary and Alternative systems of medicine (TCAM) like Ayurveda and Yoga (A&Y).

To cater to this, the National Institute of Mental Health and Neuro Sciences inaugurated the Centre for Excellence (CoE) at NIMHANS under Ayurswasthya Yojana, Ministry of AYUSH, Government of India. It will offer a new course titled 'Yoga and Ayurveda in Neuroscience: Translational Research Accelerator program' (YANTRA).

According to the professors at NIMHANS, studies have demonstrated the neuroprotective, plasticity enhancing, and inflammation-reducing effects of yoga in various neuropsychiatric disorders. However, despite being popular and used by many, systematic studies documenting the success of Yoga and Ayurveda in treating these neuropsychiatric disorders are minimal, particularly neurobiologically informed studies.

The YANTRA programme will be bringing together a team of researchers and physicians across modern and traditional disciplines to comprehensively achieve two primary aims. Firstly, there will be evaluation of efficacy, safety, and proposed mechanisms of an integrated Yoga and Ayurveda (IYAM) treatment approach in four selected neuropsychiatric disorders that affect individuals across the life span. These include schizophrenia, mood disorder, multiple sclerosis, and Alzheimer's Dementia.

> **Systematic studies documenting the success of yoga in treating neuropsychiatric disorders are minimal, particularly neurobiological studies**

Secondly, an attempt will be made to integrate modern deep-phenotyping approaches (genomics, brain imaging, gut-microbiome, and immune-inflammatory factors) with traditional assessments of 'prakriti/vikriti and gunas' with an aim to carry out precise and comprehensive analyses. This would aid stratification of patients into disease subclasses with a common biological basis of disease using traditional A&Y concepts.

The CoE-YANTRA will add the important facet of scientific research to conduct clinical trials in four neuropsychiatric disorders.

Further, it hopes to understand the integrative neurobiology of neuropsychiatric disorders that could aid stratification of patients and creation of a unified digital database incorporating multi-parametric information on modern deep-phenotyping approaches and traditional A&Y concepts.

— BMB

Dangerous games people play

With no maintenance, gym and play equipment in 119 parks of city are 'faulty'

Sridhar.Vivan
@timesgroup.com
TWEETS @sridharVMIRROR

PIC FOR ILLUSTRATIVE PURPOSES

A 13-year old girl lost her life when a slide fell on her head while playing at a park in August 2017. However, no lessons have been learnt even five years after this ghastly incident. The latest shocker is that there are 119 parks in the city where play/gym equipment are not in good condition. In other words, these 119 parks still pose potential danger to kids who play there. Even adults who use the parks face the risks.

There are 1,190 parks in the city. Out of these, Bengaluru East Zone has the maximum number of parks (284), South-280, West-217, RR Nagar-125, Bommanahalli-110, Yelahanka-90, Dasarahalli-50 and Mahadevapura-34 parks. Of these parks, 424 have play or gym equipment fitted. Shockingly, 28% of the parks (119) have faulty equipment which are potentially dangerous. Bengaluru East zone has the maximum faulty equipment (52), followed by Yelahanka-30, Bommanahalli-11, Dasarahalli-10, RR Nagar-nine, Mahadevapura three and South and East have two faulty equipment.

In a reply to a question in the Legislative Council on Thursday, Chief Minister Basavaraj Bommai, who holds the Bengaluru portfolio, said, "Once the equipment is fitted, then there is no provision for regular maintenance by the service providers. Once the service warranty expires, then it is the responsibility of the respective joint commissioners to fix the park equipment."

He further said that no separate allocations were done for maintaining equipment at the park and the respective zones will take up the repair works.

The park users have said that it is high time the government and BBMP take interest in maintaining parks. "Parks play a very important role in a congested city like Bengaluru. Many of the areas in the city don't have wide roads and hardly any space for kids to play. So, the only option for the residents is to go to parks. For quite some time, we are seeing installation of gym equipment. Initially, there was an euphoria to use the equipment. However, in a short time, we got to know that these equipment have been installed just as an eye wash as most of them have become defunct. Despite requests to officials, nothing has been done to fix these equipment. So, if the faulty equipment cannot be replaced or fixed, then what is the use of the installation," said Rajeev R, a resident of Vyalikaval. Another resident from Rajajinagar said that the equipment in the play area has been damaged but not repaired, so the residents are unable to use this particular equipment for their basic workout routine which they followed regularly before. "Children find it difficult to use the playground as many pieces of equipment are only partially installed and those parts could make them fall on the ground if they happen to climb over uneven terrain."

> **"Once the equipment is fitted, there is no provision for regular maintenance by service providers**
>
> –Basavaraj Bommai, CM

It may be noted that the Bruhat Bengaluru Mahanagara Palike (BBMP) had earlier decided to extend the timing of public parks in the city. As per the latest order, the parks will now be open from 5 am to 8 PM except between 10 am and 1.30 pm when they are shut for maintenance. Earlier, the parks were open from 5 am to 10 am and 4 pm to 8 PM.

Apex Court reserves verdict on hijab ban

Brief summary of 10-day marathon hearing on pleas to lift ban in K'taka

After 10 days of marathon hearing, the Supreme Court on Thursday reserved the judgment on a clutch of pleas challenging the Karnataka High Court verdict which refused to lift the ban on hijab in educational institutions of the state.

A bench comprising Justices Hemant Gupta and Sudhanshu Dhulia reserved the judgment after hearing the arguments from the counsel representing the state government, teachers, and the petitioners, who moved the apex court challenging the high court judgment.

Senior advocate Dushyant Dave, representing some of the petitioners, while making rejoinder submissions said for those who are believers, hijab is essential and for those who are not believers, it is not essential. He added that there was no cause to issue guidelines in February this year. The bench told Dave if it is commenting on the high court's path, it is because the petitioners took it to that path.

Senior advocate Huzefa Ahmadi, representing some of the petitioners, submitted that the argument of PFI was not raised before the high court and it is an argument introduced to create prejudice.

Solicitor General Tushar Mehta, representing the Karnataka government, had alleged that till the year 2021, no girl student was wearing any hijab and uniform being part of essential discipline in schools was being scrupulously followed. However, then a movement started on social media by an organisation called Popular Front of India (PFI) and the movement was designed to create an agitation. Mehta added there were messages on social media to begin wearing hijab and this was not a spontaneous act, instead it was a part of larger conspiracy, and children were acting as advised.

The petitioners' counsel cited the circular of the Karnataka government, and added that there is no mention of any PFI activity and rather, the circular cites observance of religious practices as a "hindrance" to unity and equality.

Dave submitted that the Department of Education had issued guidelines for academic year 2021-2022, and according to it uniform is not compulsory. Therefore, Karnataka Government Order dated February 5 could not supersede these guidelines, he added.

> **State govt's order of Feb 5, 2022, banned wearing clothes that disturb equality, integrity, and public order in schools**

Dave submitted that for some people it is an essential practice, some people are more religious, some are more tolerant and it is an individual choice, and that is why the essential religious practice test was rejected long back.

The Karnataka government on Wednesday told the Supreme Court that there is no restriction on wearing hijab on the school campus, however it is only restricted in the classroom while defending its decision to disallow hijab in classrooms of pre-university colleges. The state government also emphasized that it has not touched any "religious aspect" in the hijab ban row. **IANS**

What awaits Gandhi Bazaar post white-topping

CONTINUED FROM PAGE 1

water, impacting the groundwater level."

Namagondlu further added that white-topping is more expensive than regular asphalting. "A concrete road lasts about 30 years; properly asphalted roads require to be maintained every five years. Even with four times the maintenance costs, the overall expense of an asphalted road is lower than a white-topped road. The Gandhi Bazaar Main Road has not been asphalted for the past 8 years; it is still in a good condition," he added.

Residents told BM that in scenarios where the road must be dug-up, white-topped roads prove to be a challenge. They also pointed out that pedestrianisation of streets without proper infrastructural support for walkers and cyclists has been the failure of the pilot in Church Street.

"Closed-loop cycling tracks must be provided instead of sparse stretches for cyclists. With proper consultation with the public, some roads can be converted into cycling tracks. However, we oppose the move to modernise Gandhi Bazaar and disturb the heritage of the place," added Namagondlu.

"Most houses in the area have open wells. At three feet we get fresh water. Even after pumping for four hours, the water gets replenished within an hour. The tree cover is primarily responsible for the ecological well-being of the area. There are trees here that are more than 80 years old. These trees would die out slowly after the implementation of the project. Presently, there is no waterlogging in the area but we fear waterlogging in the future," another resident, Guruprasad, said.

Tree expert Vijay Nishant told BM that white-topping in Malleswaram damaged the roots of many trees.

"With no percolation of water, trees are likely to dry out. The design of roads should be keeping in mind the trees as the top-most priority," he said.

Environmentalists Krishna Rao, MK Ramesh, S Ravichandra Reddy and Dr AN Yellappa Reddy wrote an open letter highlighting the environmental and social impacts of the project. They stressed that white-topping and concretisation of drainage and stormwater drains will leave no scope for rainwater to seep into the ground and reach surrounding areas.

Dr AN Yellapa Reddy told BM that white-topping will deeply impact the root systems of trees.

"When you completely seal the surface and do not allow a single drop of water into the root system, how can the trees survive? You can get water at 10-12 feet right now; disturbing the system will result in the wells drying out. Is it wise to destroy water sources in the city when we are spending crores of rupees to bring water from faraway places?" Reddy wondered.

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I Hamsanandini Balram D/o Srinivasan.V, R/o 62/1,2nd Flr, 21st 'A' main, Marenahalli Village, 2nd phase JP Nagar, B'luru-560078 have changed my name to Hamsanandini. S for all purposes.

I, Manju Thomas Abraham D/o Mannikoickal Daniel George R/o No.66, 8th Main, Near J P Park Muthyalam Nagar, Msrit, Bengaluru-560054 have changed my name to Manju Thomas for all purposes.

I Padmashri W/O, Nagaraja Reddy R/o No E-285, Singanayakanahalli, Yelahanka, Bangalore-560064 have changed my name to S C Padma Shri for all purposes.

I, Rachana Kumari B W/o Chetan Jain R/o 40 South Park Road, Sheshadripuram, Bengaluru-560020 have changed my name to Rachana Kumari for all Purpose.

I, SURESH SAROJAMMA R/a. No. 75/3 , 15th Cross, 21st Main, Sector 1, HSR Layout, B'lore-560102. I Have changed my name as SAROJAMMA VENKATARAMANA REDDY. Vide affidavit Dated: 21-09-2022 Sworn before notary: Devaraja.E

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ORIGINAL SALE DEED missing: Original Sale deed Document of site no 70/24 of Green Nest layout of Vajarahalli,Nelamangala taluk, Bangalore Rural Dist, with Nelamangala Sub Rigistrar Registration no 240/98-99 dated 04/05/1998 have lost while traveling. In this connection Police Complaint with no 0321757/2022 date 14/09/2022 has been lodged. It is here by requested that this Document if found may be sent to Chaitra S N w/o Nagaraju R 70/24 Green Nest layout, Vajarahalli Nelamangala Taluk Bangalore Rural District Or Contact Mr. CHAITRA S N Mobile no. 9739674656.

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HEALTH TIP: Make sure you only take antibiotics if prescribed by a qualified health professional

Preferable unsaturated fats are found in fish, avocado and nuts, and in sunflower, soybean, canola, and olive oils

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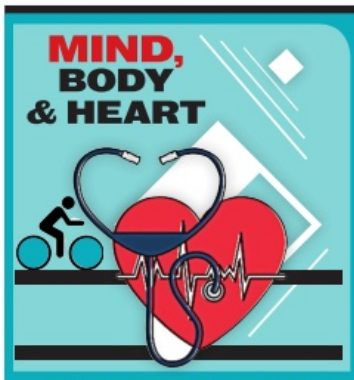

All problems solved

Dear Coleen

I split with my husband when our daughter was only a year old. It happened a few months ago and, at the time, I was utterly devastated.
He told me how he felt one Saturday morning. I couldn't believe what I was hearing.
He kept going on about "finding himself", and that he'd always be here for our daughter and for me, but he didn't want to be in the marriage.
He said he should have trusted his instincts and ended things before we married, but he loved me and thought it could work. His reasons were all pretty vague and were all news to me.
Fast forward to now and I'm slowly getting back on my feet. However, I've just been dealt another blow, as I've found out my ex is shacked up with a woman he works with. We're not even divorced and we've only been separated a few months. I now think they'd been having an affair and that was the real reason for him leaving. Do I go round there and confront them to get the truth?

COLEEN SAYS

I don't see the point in that – the truth is pretty much staring you in the face. But whether or not he started this affair before you split, it's happened, they're together and those are the facts. Of course you're going to feel angry and hurt, and this revelation has opened a wound, He's shown what kind of person he is – untrustworthy, unreliable, cowardly – and you deserve better. Whatever his reasons, whatever his excuses, it's done and the only thing that will make you feel better is to move forward positively. Yes, there will be days when you want to smash the house up and that's completely normal. You could get those feelings out in counseling. The best form of revenge is getting happy.

—Coleen Nolan, Daily Mirror

Longevity diet decoded

It promises a longer life, but should you really go for it? Read on

You may have heard about the longevity diet and its promise of an extended life span – but what exactly is it, and is it any different to other diets promoting good health?

The longevity diet is a set of eating recommendations compiled by a biochemist called Valter Longo, director of the University of Southern California's Longevity Institute. He is known for his research on the role of fasting, the effects of nutrients on genes, and how these may impact ageing and the risk of diseases.

While the diet has been targeted to older adults, it is also recommended for younger people. Longo has said he plans to live to 120 by following this diet.

What does this look like?

Foods in this diet are vegetables, including seafood that's low in mercury.
Most foods in this diet are plant based. Plant-based diets are generally higher in vitamins and minerals, dietary fibre, antioxidants and lower in saturated fat and salt, which lead to health benefits.
Foods that are discouraged are an excess of meat and dairy, and those high in processed sugar and saturated fats.

For people who don't want to go without dairy, the longevity diet recommends switching from cow's milk to either goat's or sheep's milk, which have a slightly different nutrient profile. But there is little evidence sheep's and goat's milk provide more health benefits. Including fermented dairy (such as cheese and yoghurt) in your diet, as recommended in the longevity diet, is beneficial as it provides a more extensive microbiome (good bacteria) than any milk.

Seen this before?

Many of you may recognise this as a familiar dietary pattern. It is similar to the Mediterranean diet, especially as both feature olive oil as the oil of choice. The Mediterranean diet is promoted and backed by a considerable body of evidence to be health promoting, reducing the risk of disease, and promoting longevity.

Intermittent fasting

Another aspect of the longevity diet is the specified periods of fasting, known as intermittent fasting. The diet advocates eating in a 12-hour time-frame, and not eating for three to four hours before bed time.
The evidence indicates intermittent fasting may lead to improvements in insulin resistance, which leads to better blood glucose control. This can reduce your risk of type 2 diabetes and other chronic diseases, such as heart disease and obesity.

Maintain a healthy weight

The longevity diet recommends that people who are overweight eat only two meals a day – breakfast and either a midday or evening meal – plus just two low-sugar snacks. This is to try to reduce kilojoule intake for weight loss. Another important aspect of this recommendation is to reduce snacking,

Rainbow of colours

The longevity diet recommends eating foods rich in nutrients, which most national dietary guidelines also advocate. This means eating a diet rich in plant foods, and a variety of foods within each food group. Each coloured fruit and vegetable contains different nutrients.

Restrict protein intake

This diet recommends a restricting protein intake to 0.68-0.80g per kilogram of body weight per day. This is 47-56g of protein a day for a 70 kg person. For reference, each of these foods contains about 10g of protein: two small eggs, 30g cheese, 40g lean chicken, 250mL dairy milk, 3/4cup lentils, 120g tofu, 60g nuts or 300mL soy milk. This is in line with government recommendations.
In the diet, it is recommended most of the protein comes from plant sources or fish. This may require special planning to ensure a complete range of all the nutrients needed if the diet is missing red meat.

Any problems?

This diet recommends taking multivitamin and mineral supplements every three to four days. Longo says this prevents malnourishment and won't cause any nutritional problems.
However, many health bodies including the World Cancer Research Fund, the British Heart Foundation and the American Heart Association do not recommend taking supplements to prevent cancer or heart disease. Supplements should only be taken on your doctor's advice, following a blood test showing a deficiency in a specific nutrient. This is because some vitamins and minerals may be harmful in high quantities.
If you are eating a variety of foods across all food groups, you are meeting all your nutrient requirements and shouldn't need supplements.

Verdict!

This longevity diet is a compilation of many aspects of evidence-based healthy eating patterns.
We already promote these as they improve our health and reduce the risk of developing chronic diseases.
What's not mentioned in the longevity diet is the importance of exercise for good health and a long life.

-By Evangeline Mantzioris, Dietitian, University of South Australia (The Conversation)

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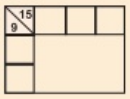

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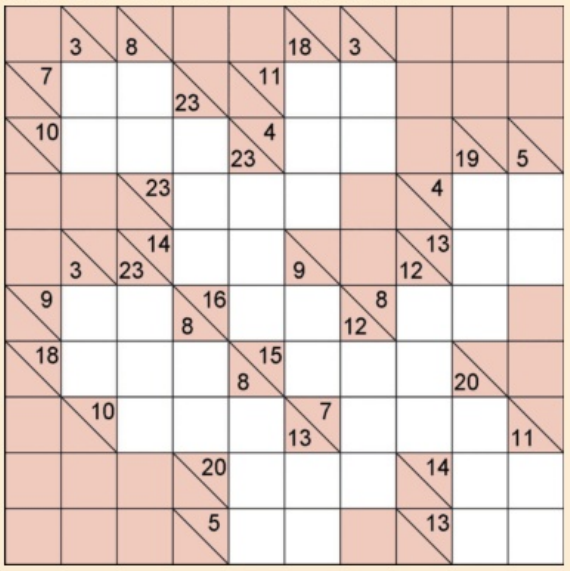
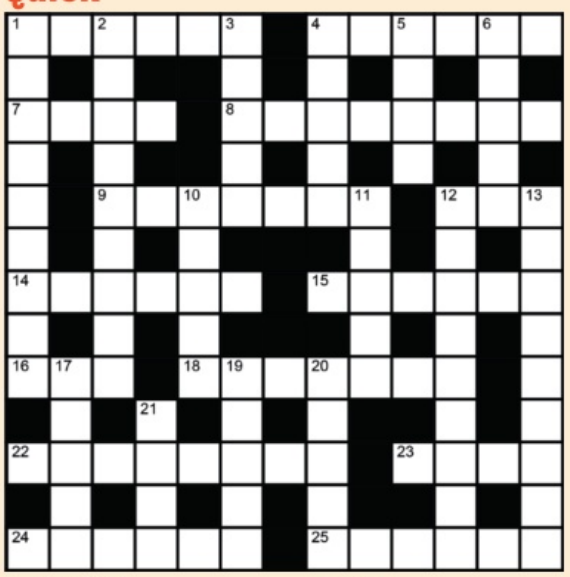


Quick



ACROSS

1 Lowly (6)
4 More than one (6)
7 Greek vowel (4)
8 Holiday (8)
9 Causes or grounds (7)
12 Brief quotation (3)
14 Scottish landlords (6)
15 A great fleet (6)
16 Unfriendly (3)
18 Phantom (7)
22 Where in Karnataka Shiravati River drops 253 meters (3,5)
23 Advance (4)
24 Refuses contemptuously (6)
25 Declared (6)

DOWN

1 The masses, the common people? (3,6)
2 Motherhood (9)
3 Roof overhang (5)
4 Hickory nut (5)
5 Biblical preposition (4)
6 Ancient marketplace (5)
10 Governors' assistants (5)
11 City in Gujarat (5)
12 Unfrozen (6,3)
13 Made happy (9)
17 Childhood illness (5)
19 Elections (5)
20 Expenses (5)
21 At a distance (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: G EQUALS N

SLRZR BY GM MZBHBGVW SZXSL, MGWU MZBHBGVW RZZMZ.

Linemaro

Thank you for being who you are

Mindchow

The world is simply throbbing with rich treasures like literature, music, beautiful souls and interesting people

Joke of the day

Sign in a cafeteria : Shoes are required to eat in the cafeteria. Socks can eat any place they want

Loop

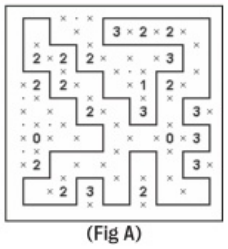
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

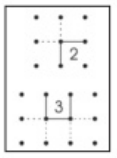
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

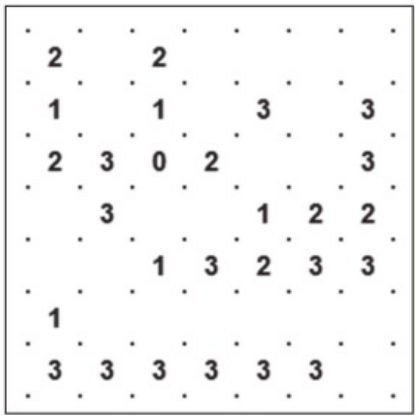
Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



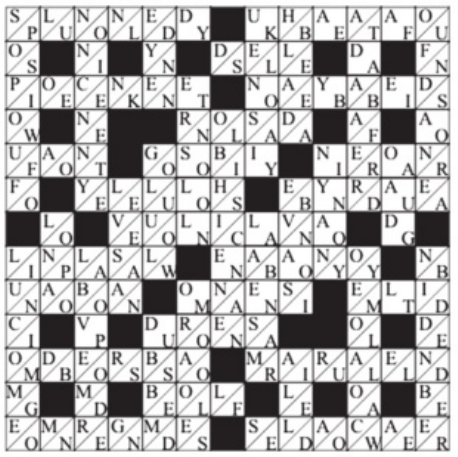
(Fig A)



(Fig B) Not Allowed



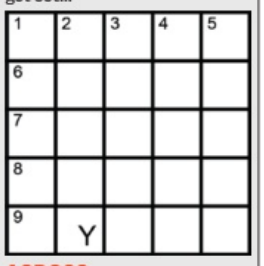
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

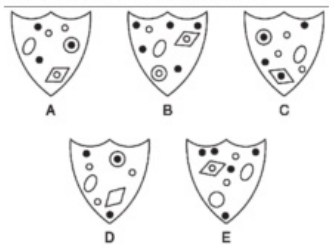
1 Fab at; 6 Credo;
7 Lutra; 8 Gloss;
9 Troys

DOWN

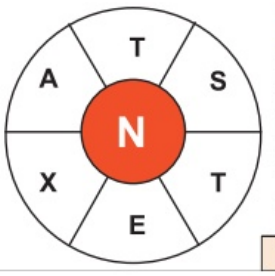
1 A stud; 2 By ell;
3 Croat; 4 Or Fog;
5 Tsars

Mensapuzzle

Which shield below has most in common with the shield above?



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

06 Average; 07 Good; 09 Outstanding

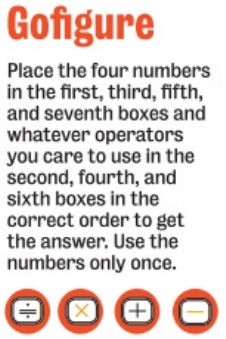
SudokuChallenge

1		5		9				4
				1	6			
			2	3				9
	6					1		
8	9	3				7	6	2
		1					4	
7				2	1			
			4	8				
2				5		8		7

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.



Easy = 4

3 3 6 8

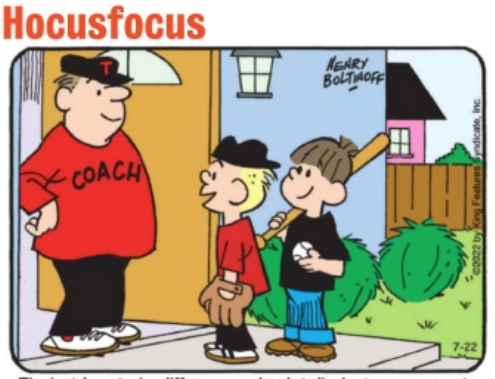
Medium = 22

4 5 6 7

Hard = 42

3 5 5 4

Hocusfocus



Find at least six differences in details between panels.

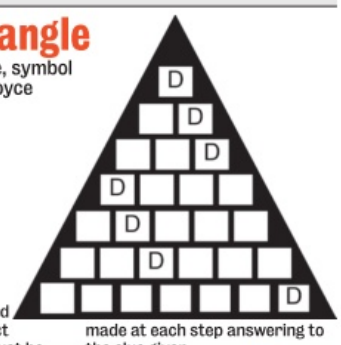
Differences: 1. Bat is shorter. 2. Word "coach" is lower. 3. Letter "T" is added to cap. 4. Stripe is added to sleeve. 5. Stripe is added to pants. 6. Ball is missing.

Riddler

Which is the odd one out: Full Metal Jacket, The Dirty Dozen, Platoon, Apocalypse Now?

Alpha triangle

1 Hydrogen isotope, symbol
2 English opener Joyce
3 Crimson
4 Expensive
5 Love deeply
6 Felt hat
7 Rummaged



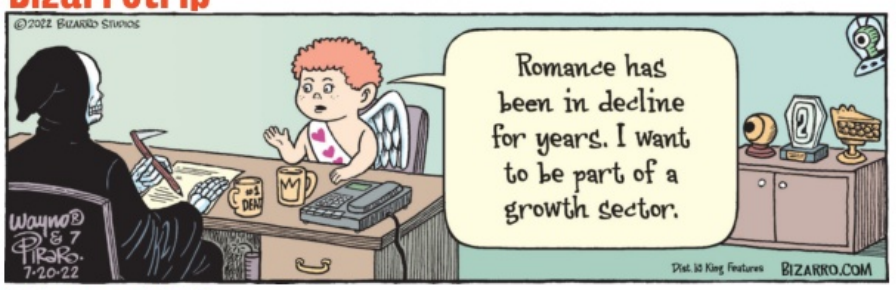
Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Redeye by Mel Casson

Bizarrotrip


©2022 BIZARRO STUDIOS
Romance has been in decline for years. I want to be part of a growth sector.
Dist. by King Features
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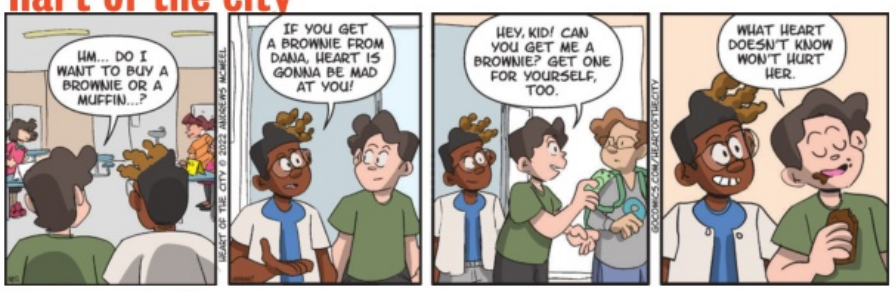
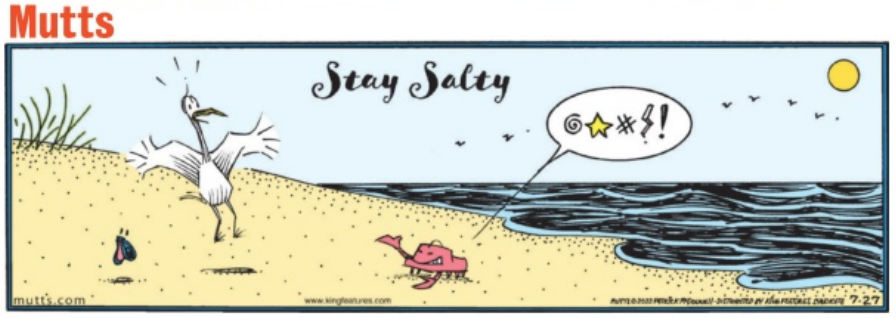
Diamond Lil

Hart of the city


HM... DO I WANT TO BUY A BROWNIE OR A MUFFIN...?
IF YOU GET A BROWNIE FROM DANA, HEART IS GONNA BE MAD AT YOU!
HEY, KID! CAN YOU GET ME A BROWNIE? GET ONE FOR YOURSELF, TOO.
WHAT HEART DOESN'T KNOW WON'T HURT HER.
HEART OF THE CITY © 2022 ANDREWS MCMEEL
SCIENCE COMICS/DEVICTORY

Crankshaft

Mutts



WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today you may feel disappointed at work. You may feel like you are not being able to enjoy life at any moment. You may face some losses in property matters. It is advised to postpone investments for a while, otherwise you may face losses. You are also advised to take care of your parents' health.

Taurus Apr 21 – May 20
Today you are blessed by the moon. You are likely to have inner strength and you may be able to make some difficult decisions at work. You may be busy with social get-togethers which may expand your network. Your network may bring benefits in the near future in terms of work. Property-related disputes with siblings are likely to be resolved now.

Gemini May 21 – Jun 21
Today you may be occupied with family matters. You may plan for your kids' academics. You are likely to spend money on buying artefacts and creative items to renovate your house. You may plan short trips due to the academics of your children. You are advised to avoid any type of addiction.

Cancer Jun 22 – July 23
Today you are blessed by the moon. With the help of courage, you might be able to make good plans and are likely to implement them efficiently as well. you are advised to control your overexcitement or you can make mistakes. You are advised to read documents signing them.

Leo Jul 24 – Aug 23
Today your old health issues may arise again. Anxiety and restlessness can make you upset. You may become unfocused towards your goals. You may waste your precious time on worthless tasks. You are advised to control your expenditure on worthless items as it may affect your financial health.

Virgo Aug 24 – Sep 23
Today, at the starting of the day, you may not be focused on your work, but as the day passes, you will regain control. You could easily find resources that will be important for the completion of your tasks. Your sources of income are likely to be increased. Your losses may be converted to profits, which may boost your financial health.

Libra Sep 24 – Oct 22
Today you can expect a big order from an overseas client. This will increase your liquidity in business. You are likely to meet some influential person who may help you to grow your business. Your bonding with your boss may become strong and you may expect some promotions because of your hard work. Your prestige may be increased now.

Scorpio Oct 23 – Nov 22
Today you are blessed by your elders, which may bring patience to your thought process. You are likely to be happy and calm. You may plan to visit some spiritual place to seek peace of mind. You may also donate some amount to charity. There may be some chances for overseas travel.

Sagittarius Nov 23 – Dec 22
Today you may feel dull. You may also have some health issues, which are likely to affect your daily work. You may find a mysterious fear that can make you sensitive and emotional. You are advised to avoid rash driving and adventure tours. You may also be attracted to the occult.

Capricorn Dec 23 – Jan 20
Today, blessing from the moon can make you happy. You may help needy people. You are likely to analyse yourself and accept mistakes in your personal life. Faith in your relationship with your spouse will be improved, which may boost confidence between you. Disputes between partners may be resolved now.

Aquarius Jan 21 – Feb 19
Today you may feel healthy and old health issues may be cured now. You are likely to win some litigation. You have full control over your opponents and business rivals. Your money that was stuck is likely to be recovered now, which will boost your liquidity. Promotions may be on the cards.

Pisces Feb 20 – Mar 20
Today may be a day of mixed emotions. You may be busy with kids' issues. Couples may hear good news in terms of childbirth. With the help of your wisdom, you may be able to settle disputes in business and social life. Students may plan for overseas education. You may plan for higher studies for a good career.

KIDZONE

Darshan V Dhariwal, 8 Years, The Mutha School

Keshava C, 8 Years, Green Wood High School

Kidzone, Bangalore Mirror, No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018; Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
(√4+2²)/√6/10
=(2+4)/(4/10)
=2+4×10/4
=2+10
=12

BULL'S EYE
ante, extant, neat, next, sane, sent, SEXTANT, tent

FAST FIVE

A	B	A	F	T
D	E	C	O	R
U	L	T	R	A
S	L	O	G	S
T	Y	R	O	S

QUOTE UNCODE
There is no original truth, only original error.

STRIKE OUT

P	U	N	N	E	D	K	H	A	T	A	U			
O	I	Y	D	E	E	A	N							
P	O	C	K	E	T	N	A	B	E	D				
O	E	R	O	A	D	A	O	R						
F	A	T	G	O	B	I	I	R	A	N				
F	Y	E	L	L	S	E	N	D	U	E				
O	V	O	L	C	A	N	O	G						
I	N	L	A	W	E	B	O	N	Y	B				
N	O	O	N	O	N	E	S	E	L	I				
C	V	U	R	E	A	L	D							
D	E	S	S	A	M	A	U	L	E	D				
E	M	E	N	D	S	S	L	O	W	E	R			

QUICK

S	P	U	R	N	S		S	T	A	T	E	D		
	U		A		L		T			U		E		
J	O	G	F	A	L	L	S		L	O	A	N		
	R		A		O		O		D			E		
I	C	Y		S	P	E	C	T	R	E		D		
O		T		E		A		W				D		
L	A	I	R	D	S		A	R	M	A	D	A		
L		N		I		U		H				L		
O		R	E	A	S	O	N	S		T	A	G		
P		E		A		O		R						
I	O	T	A		V	A	C	A	T	I	O	N		
H	U	M	B	L	E		P	L	U	R	A	L		

MENSA PUZZLE
C: It contains four black dots and three white

RIDDLER
The Dirty Dozen (It is the only WWII movie, others are all portrayed Vietnam War)

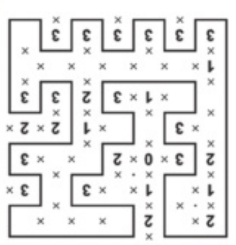
SUDOKU

1	2	5	7	9	8	6	3	4
3	4	9	5	1	6	2	7	8
6	8	7	2	3	4	5	1	9
4	6	2	3	7	9	1	8	5
8	9	3	1	4	5	7	6	2
9	5	6	4	8	7	3	2	1
7	3	8	9	2	1	4	5	6
5	7	1	8	6	2	9	4	3
2	1	4	6	5	3	8	9	7

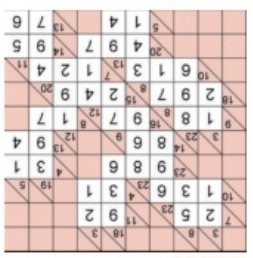
ALPHA TRIANGLE
D, Ed, Red, Dear, Adore, Fedora, Foraged.

GO FIGURE
Easy
3 + 3 − 8 + 6 = 4
Medium
4 + 7 + 5 + 6 = 22
Hard
5 + 5 + 4 × 3 = 42

LOOP



KAKURO



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SANDALWOOD SHOTS
Y MAHESWARA REDDY

Vasishta busy with Love Li

Vasishta N Simha, known for his baritone voice, has been busy with the shooting of Love Li. The second scheduled shoot for the film was held at Kings Club, Nagarabhavi in the city. An office set was put up for the this movie's shooting.

"Love Li movie is very special to me. It has all the ingredients to entertain the audiences. I play a rough character that becomes violent when cheated by the society. There are two leading ladies in this movie," says Vasishta.

Stefy Patel, who has acted in a Korean web series, Tamil and Hindi movies, makes her debut as a leading lady in the Kannada film industry. "Stefy hails from Jharkhand. The other leading lady is Sameeksha who has acted in Subbalakshmi Samsara, a tele serial. Love Li is a commercial romantic love story. My other movie Head Bush is scheduled for release next month. Promotional activities for Head Bush are already on. I play a key role in that movie," says Vasishta.

Master Anand's daughter Vamshika is also acting in this movie directed by Chethan Keshav. Sadhu Kokila and Suraj are also part of the star cast of this movie.

KGF Thatha is hero

Krishnoji Rao, also known as KGF Thaatha, is eagerly waiting for the release of his latest movie Nano Narayanappa. Rao became famous after his role in KGF. Rao, who hails from Pavagada in Tumakuru, has been trying his luck in Sandalwood for around four decades. Now, he is happy to realise his lifetime ambition by playing the lead role in the romantic comedy.

"I had an opportunity to work under Shankar Nag whom I revered as my guru. I have been playing small characters in Kannada movies but KGF brought me fame. I thank director Kumar for selecting me to play the lead in this movie," said Rao.

He said he has high hopes on the film that is ready for release in Kannada and Telugu.

Kumar, who handled the megaphone for Chemistry of Kariyappa and Critical Keerthanegalu, is the director. "This script of this movie is based on a real life incident in Bengaluru last year. I am sure audiences will enjoy it because it is relatable. I tried my best to make it realistic while writing the script. I want to make it clear that this movie is different from my previous ones. It has comedy and emotion and families will love it," said director Kumar, adding that the Telugu version is not a dubbed version.

Tongue twister

Rashmika Mandanna, who is all set to make her Bollywood debut with 'Good Bye' starring megastar Amitabh Bachchan, said that for her, dubbing in Hindi was a little challenging.

Rashmika Mandanna is playing the role of Tara Bhalla in the Vikas Bahl directorial.

The film also marks Rashmika's first time in dubbing an entire movie in Hindi.

She said: "Dubbing is a very difficult task for me, all the time and in all the languages. It is the hardest thing that I have to do for a film. For me, dubbing in Hindi was a little challenging but at the same time, I also learnt a new language. I have one more language in my kitty."

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